

INCA JUNGLE

tour to Machu Picchu

4 days / 3 nights



TreXperience
INSPIRING TRAVELS

GROUP
TOUR





Add adrenaline to your route to Machu Picchu



The Inca Jungle Trek to Machu Picchu 4 Days is an exciting alternative for active travelers who want more than a traditional hike. It combines downhill mountain biking, white-water rafting, jungle trails, local culture, natural hot springs, and Machu Picchu in one well-organized small-group adventure.

Ride through Maras and the Salineras salt mines, raft near Santa María, walk among coffee and cacao plantations, relax at Cocalmayo Hot Springs, and reach Llactapata for your first panoramic view of Machu Picchu. TreXperience, a 100% Peruvian local operator, takes care of the transport, equipment, hotels, meals, tickets, guides, Machu Picchu buses, and Vistadome train return.

Why take the Inca Jungle Trek to Machu Picchu?

- Ride downhill through Andean farmland, Maras, Salineras, and the Sacred Valley
- Raft Class III–IV sections of the Urubamba River when conditions allow
- Walk through coffee, cacao, coca, banana, and tropical fruit plantations
- Relax in the warm pools of Cocalmayo
- Hike along historic Inca paths through cloud forest and farming valleys
- See Machu Picchu from the Llactapata viewpoint
- Explore Machu Picchu and return by Vistadome train.
- Travel safely with attentive local service.





Inca Jungle Tour to Machu Picchu

4 days / 3 nights

Legend

Transportation

- Train Route
- Driving Route
- Hiking Route
- Biking Route
- Rafting Route
- Van Transportation
- Train Transportation
- Biking
- Rafting
- Hiking
- Walking Tour
- Mountain Pass

Accommodation



Meals



Experiences

- Archeological Site
- Thermal hotspring
- Viewpoint



1 Day 1

Cusco – Cruzpata – Maras Salt Mines – Santa María – Pispatayoc

- Cusco - Cruzpata (1 hour aprox.)
- Cruzpata - Maras - Sacred Valley (2:30 - 3 hours aprox.)
- Sacred Valley - Santa María
- Santa María - Pispatayoc (1:30 hrs aprox.)

2 Day 2

Pispatayoc – Historic Inca Path – Quellomayo – Cocalmayo – Santa Teresa

- Pispatayoc - Cocalmayo Hot Springs 15 km / 9.3 mi - 8 hrs aprox.
- Cocalmayo Hot Springs - Santa Teresa

3 Day 3

Santa Teresa – Lucmabamba – Llactapata – Hidroeléctrica – Aguas Calientes

- Santa Teresa - Lucmabamba
- Lucmabamba - Llactapata - Aguas Calientes 17 km / 10.5 mi - 9 hrs. aprox.

4 Day 4

Explore Machu Picchu – Return to Cusco

- Aguas Calientes - Machu Picchu (20 min.) Round trip
- Explore Machu Picchu (2 - 3 hours)





Tour Details

Starts / Ends	Cusco / Cusco
Duration	4 days / 3 nights
Hiking Distance	29 km / 18 miles
Difficulty	Moderate
Accommodation	Rustic lodge, hotel
Group size	Around 12 persons
Activities	Biking, hiking, rafting, archeology
Languages	English, Spanish



Full Itinerary

→ Day 01

Cusco – Cruzpata – Salineras de Maras –
Santa María – Pisпитayoc

→ Day 02

Pisпитayoc – Historic Inca Path – Cocalmayo –
Santa Teresa

→ Day 03

Santa Teresa – Lucmabamba – Llactapata –
Hidroeléctrica – Aguas Calientes

→ Day 04

Explore Machu Picchu — Return to Cusco



Day 01

**Cusco – Cruzpata – Maras – Salineras –
Santa María – Pispitayoc**

Your adventure begins with pickup from your hotel in Cusco at around 6:30 a.m. We drive for about one hour to Cruzpata, where you meet the biking team, receive your helmet and gloves, and complete a safety briefing and equipment check.

The downhill ride follows quiet rural roads through potato and wheat fields, traditional farming areas, and wide Andean landscapes. You pass through Maras and continue to the Salineras salt mines, where thousands of salt pools have been used by local families for generations.

After visiting Salineras, continue descending toward the Sacred Valley. The biking section takes around 2.5 to 3 hours, depending on the group's pace, road conditions, and stops along the way.





We then drive through changing landscapes to the warmer town of Santa María for lunch. In the afternoon, specialist guides provide a safety briefing before rafting on the Urubamba River. The experience lasts around 1.5 hours and may include Class III–IV rapids, depending on river conditions.

After rafting, change into dry clothes and walk to your rustic lodge in Pispatayoc. Enjoy dinner and relax in the peaceful tropical valley.

Biking Duration

2:30 - 3:00 hrs

Rafting Duration

1:30 hrs

Rafting Level

**Normally Class
III–IV (subject to
river conditions)**

Accommodation

Rustic Lodge

Meals

**Lunch and
dinner**



Biking in Sacred Valley



Maras Salt Mines



Vilcanota River



Rafting in Vilcanota River

Day 02

**Pispitayoc – Historic Inca Path –
Quellomayo – Cocalmayo – Santa Teresa**

Wake up to tropical birds and enjoy a fresh breakfast with local coffee. Before the hike, learn about nearby plantations and crops such as coffee, cacao, coca leaves, bananas, pineapples, avocados, and oranges.

The trail begins with a gradual climb through the warm jungle valley before joining a historic Inca path once used by communities in the Vilcabamba region. Although it is different from the regulated Classic Inca Trail, it remains part of the region's ancient road network.

Along the way, your guide explains traditional farming, medicinal plants, local products, and





daily life in the cloud forest. Enjoy views of the Urubamba Valley, green hills, farms, and distant mountains.

After around four hours of hiking, arrive in Quellomayo for a warm lunch at a local restaurant. Rest and recharge before continuing along the river through tropical scenery.

The hike ends at the Cocalmayo Hot Springs, where you can relax in warm natural pools surrounded by mountains. Afterward, a short transfer takes you to Santa Teresa. Check in at your hotel, enjoy a hot shower and dinner, and rest before the next hiking day.

Hiking Distance

15 km / 9.3 mi

Hiking Duration

7 - 8 hrs

Difficulty

Moderate

Accommodation

**Basic hotel in
Santa Teresa**

Meals

**Breakfast, lunch
and dinner**



Fruit crops in Santa María



Cocat Mayo Hot Springs

Day 03

**Santa Teresa – Lucmabamba – Llactapata –
Hidroeléctrica – Aguas Calientes**

After breakfast, travel for about one hour to Lucmabamba at 2,000 m / 6,562 ft. From here, begin one of the most rewarding sections of the Inca Jungle Trek.

The trail climbs for around three hours through coffee plantations, cloud forest, shaded paths, and mountain farms. Along the way, your guide shares the history of this old route and helps the group maintain a comfortable pace.

At the top, explore Llactapata, an Inca site located across the valley from Machu Picchu. On clear days, enjoy your first distant views of





the citadel, Huayna Picchu, Machu Picchu Mountain, and the surrounding peaks.

After visiting the site, descend for around two hours to the Hydroelectric station, where lunch is served. In the afternoon, follow the railway for approximately three hours through lush vegetation beside the Urubamba River. The route is mostly flat, but the distance makes it a long hiking day.

Arrive in Aguas Calientes at around 5:00 p.m. Check in at your comfortable 3-star hotel, enjoy dinner with the group, and receive the final briefing for your Machu Picchu visit.

Distance

17 km / 10.5 mi

Duration

8 - 9 hrs

Difficulty

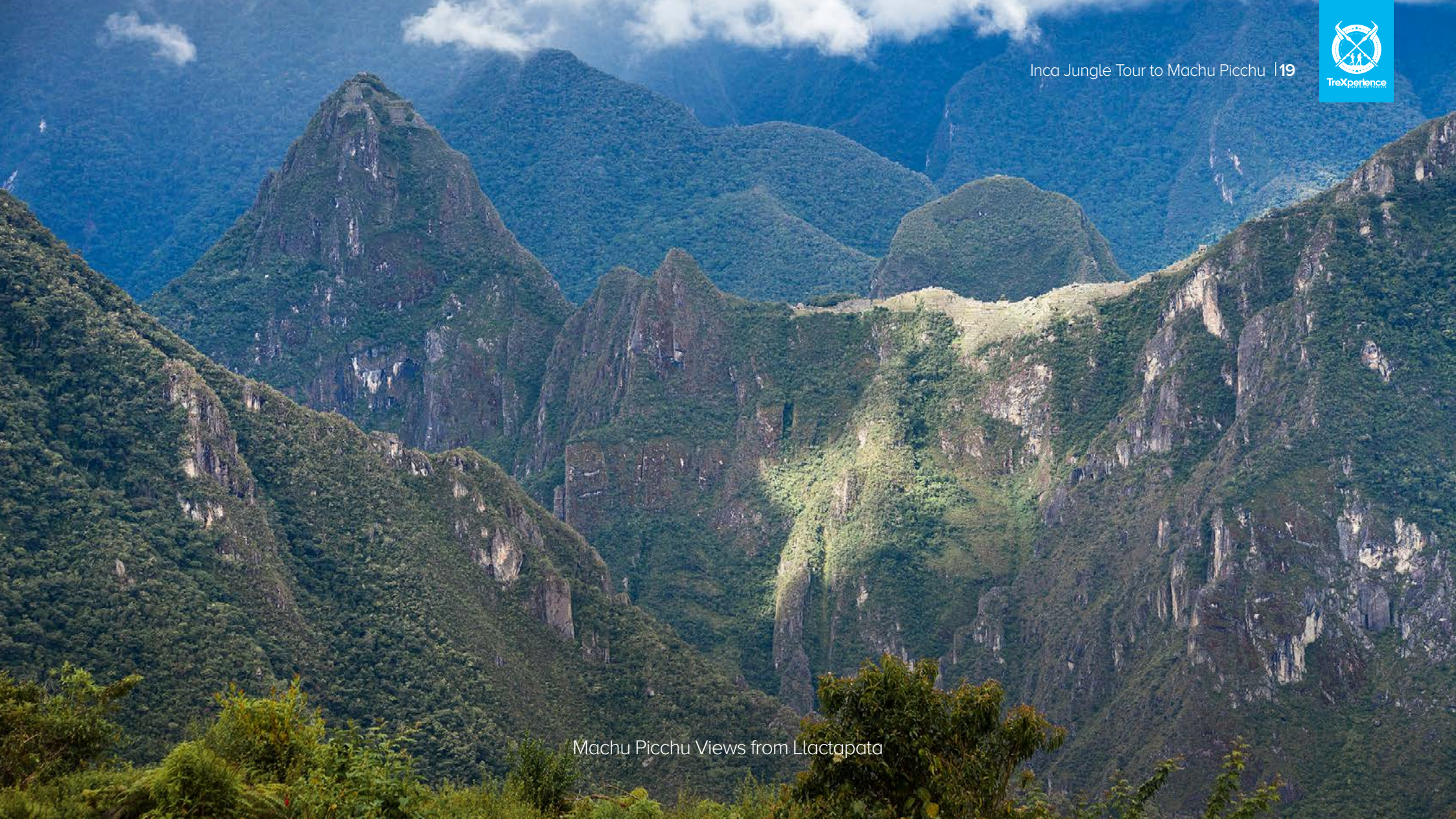
Moderate to challenging

Accommodation

3-stars hotel in Aguas Calientes

Meals

Breakfast, lunch and dinner



Machu Picchu Views from Llactapata



Suspension Bridge over Ahobamba River



Road from Hidroeléctrica to Aguas Calientes

Day 04

Explore Machu Picchu – Return to Cusco

After an early breakfast at the hotel, walk to the bus station and travel up to Machu Picchu. Your visit is organized according to the official entrance time and circuit shown on your ticket.

Your expert guide leads a visit of approximately 2 to 3 hours, explaining the history, engineering, temples, terraces, water channels, plazas, royal areas, and sacred spaces included on your assigned route.

We prioritize Circuit 2 when available because it offers one of the most complete guided experiences. If Circuit 2 is unavailable, we will secure the best available alternative, usually within Circuit 1 or Circuit 3, depending on the official inventory.





Travelers who reserve Huayna Picchu Mountain or Machu Picchu Mountain in advance may complete the optional hike according to the entrance time and route printed on the additional ticket. These permits are limited and are not included in the standard tour.

After the visit, return by bus to Aguas Calientes and have lunch on your own. Later, board the Vistadome panoramic train to Ollantaytambo. Our private transportation will meet you at the station and take you back to your hotel in Cusco, usually arriving at around 7:30 p.m.

Duration

2 - 3 hours

Machu Picchu Altitude

2,430 m / 7,972 ft

Difficulty

Easy

Meals

Breakfast (hotel)



Machu Picchu

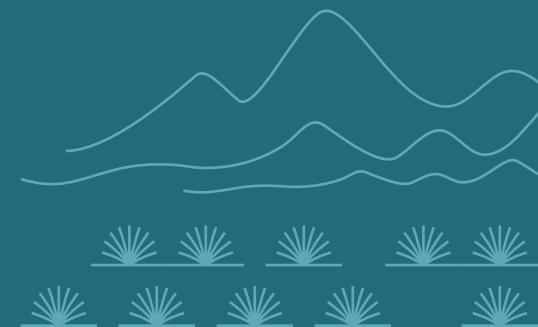
Included

- Pre-departure safety briefing
- Hotel pickup and drop-off in Cusco
- All scheduled transportation
- Mountain bike, helmet, gloves, and safety equipment
- Rafting equipment and specialist river guides
- Professional bilingual guide in English and Spanish
- Entrance tickets for scheduled visits, including Salineras and Cocalmayo
- Machu Picchu ticket, with Circuit 2 preferred when available
- Round-trip buses between Aguas Calientes and Machu Picchu
- Vistadome train from Aguas Calientes to Ollantaytambo
- Private transport from Ollantaytambo to your hotel in Cusco
- One night in a rustic lodge in Pispiyayoc
- One night in a basic hotel in Santa Teresa
- One night in a 3-star hotel in Aguas Calientes
- Three breakfasts, three lunches, and three dinners
- Vegetarian, vegan, gluten-free, and other dietary options with advance notice
- First-aid kit and assistance throughout the tour



Not included

- Trekking poles
- Breakfast on Day 1 and lunch on Day 4
- Zipline activity in Santa Teresa
- Huayna Picchu or Machu Picchu Mountain ticket (optional)
- Personal snacks, bottled drinks, and purchases
- Travel insurance, strongly recommended



Travel Essentials

This section covers the basics you'll want for a smooth start. Think documentation, personal needs, and simple preparation for the trail. Pack only what truly supports comfort and safety, and avoid adding weight you won't use.



Original Passport



Peruvian soles cash



Good-quality daypack



Water bottle



Personal Medication



Sunscreen



Lip balm



Hand sanitizer



Insect repellent



Toiletries

What to wear

Trekking days can bring sun, wind, rain, and noticeable temperature shifts. That's why dressing in layers and choosing comfortable hiking clothing matters. The goal is to adjust easily as conditions change, staying dry and warm when needed.



High-top
hiking boots



Hiking crew sock



Comfortable
underwear



Moisture-wicking shirts



Long-sleeved t-shirts



Hiking pants/
trousers



Fleece



Windbreaker jacket

Items to keep handy

Keep these essentials within easy reach in your backpack, including water, sunscreen, insect repellent, rain gear, sunglasses, sun hat, neck buff, personal medication, documents, snacks, and your camera.



Sun hat or cap with neck cover



Sunglasses



Buff or bandana



Snacks



Camera + extra batteries



Power bank

Comfort items for the end of the day

Pack a change of clothes, your toiletries, light footwear or sandals, sleepwear, shorts, towel, and other personal items that will help you relax and stay comfortable after the day's activities. Don't forget to include your swimwear for the hot springs in Cocalmayo



Light footwear
or sandals



Quick-dry towel



Sport pants



Shorts



Swimwear

What TreXperience provide you

Our tour includes an agency T-shirt and plus support equipment such as oxygen tanks and satellite phones, depending on the route and itinerary.



Trexperience T-shirt



Oxygen Tank



Satellital Phones

Our service

Our service is designed to make your journey smooth, comfortable, and well organized from start to finish. From quality transportation and carefully arranged accommodation to reliable camping equipment, every element is selected to give you a higher level of comfort and peace of mind along the way.



Transportation

We manage your transfers in comfortable private vans, and your return journey includes a train ride back to Ollantaytambo. It's a smooth mix of comfort and scenery, with everything arranged to keep travel simple and stress-free.

Safe and Comfortable Equipment

Our tour includes high-quality rafting and biking equipment, carefully inspected before every activity. We provide helmets, life jackets, gloves, and all essential safety gear so you can enjoy each adventure with greater comfort, protection, and confidence.





Vistadome Train from Aguas Calientes to Ollantaytambo

Our team

Our on-trail team helps make your journey safe, comfortable, enriching, and unforgettable. They're highly trained local professionals, committed to delivering attentive service and a smooth experience from start to finish.



Our Tour Guides

Our guides are professionals from Cusco deeply passionate about their cultural heritage. With academic training and genuine warmth, they are not only experts in history and nature but also storytellers of Andean culture, traditions, and daily life. Thanks to their knowledge, dedication, and kindness, every step of your journey will become a unique, meaningful, and enriching experience.

Our drivers

They are the ones who welcome you at the start of the adventure and accompany you on every transfer with safety and punctuality. With experience on Andean roads and total commitment, our drivers ensure your trip begins and ends with peace of mind and confidence.



Our Awards

Our agency has been honored with prestigious international awards that highlight the quality of our service, our commitment to sustainability, and our dedication to providing authentic experiences.



El Inka Dorado Award
2023 to 2026



Best of the Best
Tripadvisor
2022 to 2026



Peru Quality Award
2023 to 2026



Empresa Peruana del año
2026



Premios LuxLife
2025



LTG Global Awards
2025



Travel & Hospitality Awards
2025



Internacional Travel Awards
2025





TreXperience

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*"Your journey is more than a trek
it's a cultural connection that
stays with you forever"*

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