

# CHOQUEQUIRAO TREK TO MACHU PICCHU

6 days / 5 nights



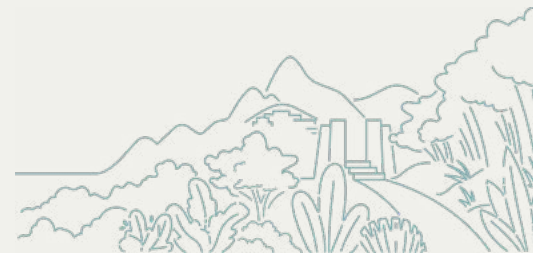
TreXperience  
INSPIRING TRAVELS

HIKING  
TOUR





## Remote trails, vast landscapes, and an unforgettable finale



The Choquequirao Trek to Machu Picchu is a 6-day hiking tour in Peru that takes you from the remote Incan ruins of Choquequirao to the iconic Machu Picchu. Choquequirao, which means “cradle of gold” in Quechua, is a lesser-known Incan site located high in the Andes Mountains, and the trek to reach it is challenging but rewarding.

# Why Choquequirao Trek to Machu Picchu?

- Explore the remote Inca citadel of Choquequirao.
- Be wowed by the stunning views of the Andes Mountains and the Apurimac Canyon.
- Connect to Machu Picchu on a scenic train ride across the Sacred Valley.





# Choquequirao Trek to Machu Picchu

6 days / 5 nights



## Legend

### Transportation

- Train Route
- Driving Route
- Hiking Route
- Van Transportation
- Train Transportation
- Hiking
- Walking Tour

### Meals

- Lunch

### Experiences

- Archeological Site

### Accommodation

- Hotel
- Camping

### 1 Day 1

Cusco – Capuliyoc – Chikiska

- Cusco - Capuliyoc (4:00 hrs. aprox)
- Capuliyoc - Chikiska (10 km / 6.2 miles - 8 hours)

### 2 Day 2

Chikiska – Marampata

- Chikiska - Marampata (15 km / 9.3 miles - 6 hours)

### 3 Day 3

Explore Choquequirao

- Marampata - Choquequirao Round Trip (7 km / 4.3 miles - 4 hrs.)

### 4 Day 4

Marampata – Cocamasana

- Marampata - Cocamasana (17 km / 10.5 miles - 7 hrs.)

### 5 Day 5

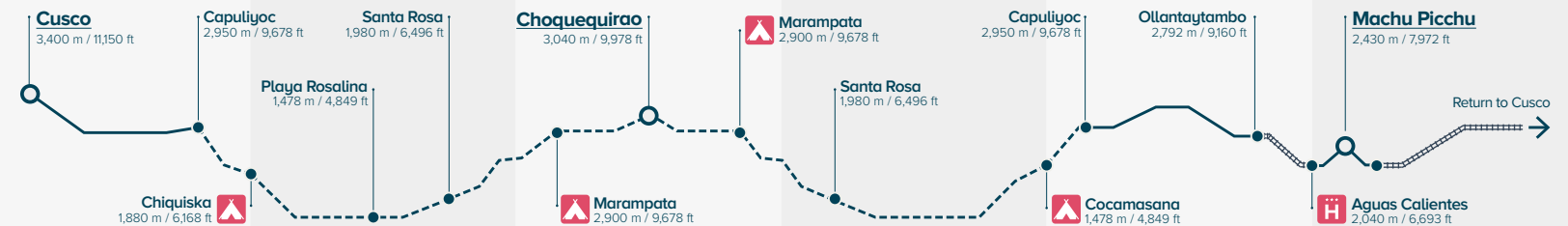
Cocamasana – Aguas Cal.

- Cocamasana - Capuliyoc (18 km / 11.5 miles - 8 hours)
- Capuliyoc - Ollantaytambo (4 hours)
- Ollantaytambo - Aguas Calientes (1:30 hrs)

### 6 Day 6

Explore Machu Picchu

- Aguas Calientes - Machu Picchu Round Trip (30 minutes)
- Guided Tour in Machu Picchu (2 - 3 hours)





## Tour Details

Starts / Ends	<b>Cusco / Cusco</b>
Duration	<b>6 days / 5 nights</b>
Hiking Distance	<b>55 km / 34 mi</b>
Difficulty	<b>Challenging</b>
Accommodation	<b>Camping</b>
Group size	<b>Up to 12</b>
Activities	<b>Trekking and history</b>
Languages	<b>English, Spanish</b>



# Full Itinerary

## → Day 01

Cusco – Capuliyoc – Chikiska

## → Day 02

Chikiska – La Playa Rosalina – Marampata

## → Day 03

Explore Choquequirao

## → Day 04

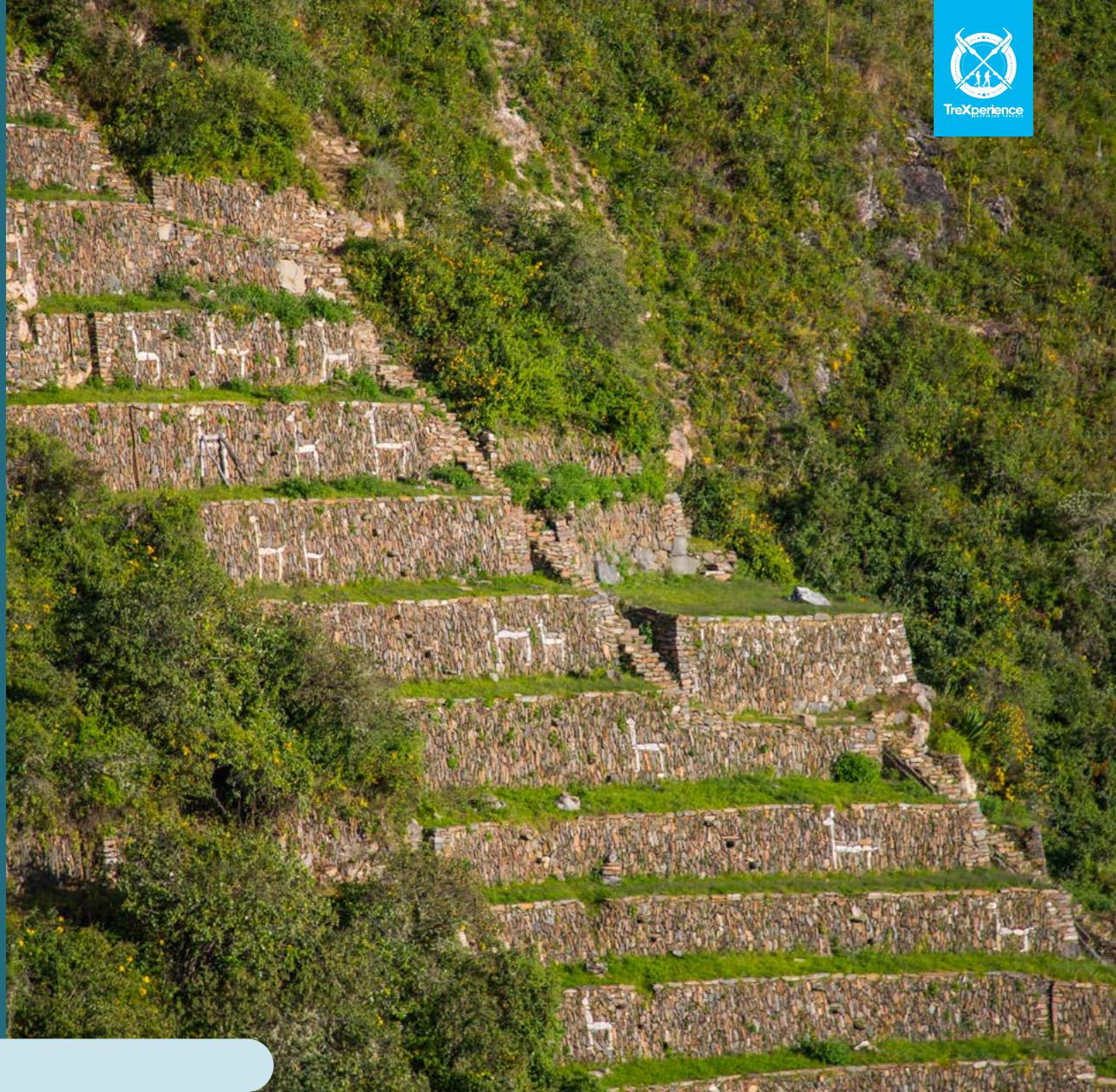
Marampata – Playa – Coca Masana

## → Day 05

Coca Masana – Capuliyoc – Ollantaytambo –  
Aguas Calientes

## → Day 06

Explora Machu Picchu - Retorno a Cusco



# Day 01

## Cusco – Capuliyoc – Chikiska

We will start the tour in Cusco city, where you'll be picked up from your hotel at 4:30 am and travel to the small town of Capuliyoc. The drive takes around 4 hours, passing through small villages and offering stunning views of the Andes Mountains. Once you arrive in Capuliyoc, you will meet your trekking team, have breakfast, and start the hike to Chikiska Campsite.

The trail is mostly downhill, descending from Capuliyoc at an altitude of (2,950 m / 9,678 ft) to Chikiska at (1,950 m / 6,398 ft). The hike takes around 4 hours and covers a distance of approximately (10 kilometers / 6.2 miles).





Along the way, you'll pass through a canyon and enjoy stunning views of the surrounding mountains and valleys. The campsite at Chikiska is located in a lush valley and offers stunning views of the surrounding mountains. Upon arriving at the campsite, you'll have time to relax and enjoy dinner before settling in for the night in your tent. The first day of the trek is a challenging but rewarding start to the journey, offering a taste of the stunning scenery and wildlife to come.

Distance

**10 km / 6.2 miles**

Duration

**8 hours**

Max. hightness

**2,890 m / 9,482 ft**

Meals

**Breakfast,  
snacks, lunch,  
dinner**

Difficulty

**Moderate**



## Day 02

### Chikiska – Playa Rosalina – Marampata

We will wake up in your tent with a hot cup of coffee or coca tea, start packing and have an early morning breakfast at the campsite. From there, you'll start the trek to Santa Rosa, a small village located at an altitude of (2,300 m / 7,500 ft). The second part of Santa Rosa is mostly uphill, passing through lush vegetation and offering stunning views of the surrounding mountains. Along the way, you'll also have the chance to see a range of birdlife, including the Andean condor.

Once you reach Santa Rosa, you'll take a break for lunch before continuing on to Marampata,





which is located at an altitude of (2,940 m / 9,646 ft). The trail to Marampata takes around 3-4 hours. Along the way, you'll pass through a cloud forest and enjoy stunning views of the Apurimac River.

Once you arrive in Marampata, you'll set up camp and enjoy dinner before settling in for the night in your tent. The campsite at Marampata offers stunning views of the surrounding mountains.

Distance

**15 km / 9.3 miles**

Duration

**6 hours**

Max. height

**2,890 m / 9,482 ft**

Meals

**Breakfast,  
snacks, lunch,  
dinner**

Difficulty

**Moderate to  
challenging**

## Day 03

### Marampata - Explore Choquequirao - Marampata

The highlight of day 3 is exploring the remote Inca Citadel of Choquequirao. After breakfast, you'll start the hike up and down to the ruins, which are located at an altitude of 3,050 m / 10,006 ft. The trail to Choquequirao takes around 2-3 hours and covers a distance of approximately 3 kilometers (1.8 miles). The trek is challenging but rewarding, offering stunning views of the surrounding mountains and valleys.

Once you arrive at Choquequirao, you'll have the chance to explore the ruins and learn about Incan history and culture. The site covers an area of approximately 1,800 hectares / 4,500 acres and is thought to have been a religious and administrative center during the Incan empire.





The ruins at Choquequirao are well-preserved and offer a glimpse into the incredible engineering feats of the Incas. You'll have the chance to see the Main Plaza, the Temple of the Sun, and the House of the Waterfalls, among other structures. You'll also learn about the Incan farming practices and irrigation systems that allowed them to thrive in such a remote location.

After exploring the ruins, you'll hike back down to Marampata, where you'll have dinner and spend the night in your tent. The day is often the highlight of the trek, offering a chance to visit one of the most impressive Inca sites in a remote, dramatic landscape.

Distance

**7 km / 4.3 miles**

Duration

**4 hours**

Max. hightness

**3,050 m / 10,007 ft**

Meals

**Breakfast,  
snacks, lunch,  
dinner**

Difficulty

**Moderate**



Choquequirao Archeological Site



Choquequirao Archeological Site



Choquequirao Archeological Site



Choquequirao Archeological Site

# Day 04

## Marampata – La Playa – Coca Masana

After breakfast, you will hike from Marampata to Coca Masana by the small town of La Playa. The day starts with an early breakfast at the campsite in Marampata before starting the descent towards the Apurimac River. The trail descends through a cloud forest, passing through small villages and offering stunning views of the surrounding mountains. After around 3 hours of hiking, you'll reach the town of La Playa, where you'll take a break for lunch.





After lunch, you'll continue the hike towards Coca Masana, passing through small villages and enjoying more stunning views of the Andes Mountains. The trail to Coca-Masana takes around 2 hours with beautiful views.

Upon arriving in Coca Masana, you'll set up camp and have dinner. The campsite is located near the Apurimac River and offers stunning views of the surrounding mountains.

Distance

**17 km / 10.5 miles**

Duration

**7 hours**

Max. hightness

**3,050 m / 10,007ft**

Meals

**Breakfast, snack,  
lunch, dinner**

Difficulty

**Challenging**

## Day 05

Coca Masana – Capuliyoc –  
Ollantaytambo – Aguas Calientes

The day starts with an early breakfast at the campsite in Coca Masana before starting the ascent back up to Capuliyoc, which is located at an altitude of 2,950 m / 9,678 ft. The trail to Capuliyoc takes around 3 hours, with stunning views of the surrounding mountains and valleys along the way. Once you reach Capuliyoc, you'll





stop for a special Pachamanca barbecue lunch break before traveling by car for 4 hours to Ollantaytambo, a small town in the Sacred Valley.

From Ollantaytambo, you'll take a train to Aguas Calientes, the town located at the base of Machu Picchu. Upon arriving in Aguas Calientes, you'll have dinner and settle into your accommodation for the night.

Distance

**18 km / 11.5 miles**

Duration

**8 hours**

Max. hightness

**3,500 m / 11,483 ft**

Meals

**Breakfast, snack,  
lunch, dinner**

Difficulty

**Moderate**

# Day 06

## Explore Machu Picchu - Return to Cusco

On the final day of the tour, you will explore the iconic Machu Picchu. The day starts with an early breakfast in Aguas Calientes before taking a bus up to Machu Picchu, which is located at an altitude of 2,430 m / 7,970 ft.

Once you arrive at Machu Picchu, you'll have the chance to explore the iconic citadel through circuit 2 and learn about Incan history and culture. The site was built by the Incas in the 15th century and is now a UNESCO World Heritage Site. You'll have the chance to see the Main Plaza, the Temple of the Sun, and the Intihuatana, among other structures.





Your guide will provide you with insights and history about the site and answer any questions you may have. You'll also have time to soak in the breathtaking views of the surrounding mountains and valleys. After exploring Machu Picchu, you'll take a bus back down to Aguas Calientes. You will have lunch (on your own) before taking the Vistadome Panoramic Train back to Ollantaytambo and an exclusive van back to Cusco. The expected arrival time is around 7:30 pm.

Duration

**2 - 3 hours  
exploring Machu  
Picchu**

Machu Picchu hightness

**2,430 m / 7,972 ft**

Meals

**Breakfast (Hotel)**

Difficulty

**Easy**

## Included

- Safety briefing the day before the tour
- Pick up and drop off from the hotel
- All transportation for 6 days
- Professional bilingual tour guide; English and Spanish
- Camping equipment
- Dining and kitchen equipment
- All meals during the trek
- Snacks
- Drinkable water during the trek
- Entrance fee to Choquequirao
- Entrance fee to Machu Picchu - Circuit 2
- Train tickets from Ollantaytambo to Aguas Calientes
- Vistadome Panoramic train to return
- 4 nights camping
- 3-star hotel in Aguas Calientes
- Bus tickets to and from Machu Picchu



## Not included

- Travel Insurance
- Inflatable mattress, sleeping bag, trekking poles, or single tent (You can hire them with us)
- Personal expenses, such as souvenirs and snacks
- Last day lunch in Aguas Calientes
- Huayna Picchu or Machu Picchu mountain tickets (Optional)



# Essential Gear



**Backpack  
(25- 40L)**

Durable backpack for essentials and hydration.



**Upper warm clothes**

Warm layers: thermals, fleece, hat, gloves, scarf.



**Gloves**

Warm gloves against wind, moisture, and cold.



**Waterproof jacket**

Protection against rain and snow.



**Insulated or fleece jacket**

Insulated jacket for colder mountain nights.



**Trekking pants  
(2 pairs)**

Lightweight convertible pants for all weather.



**Sandals or lightweight shoes**

Comfortable, lightweight shoes to rest at camp.



**Trekking socks  
(4-5 pairs)**

Thermal socks, wool or synthetic.



**Hiking boots**

Hiking boots that fit, with strong, grippy soles.



**Wool hat or Beanie**

Warm hat to protect head and ears from cold wind.

When preparing for the Choquequirao Trek, it's important to pack properly for the altitude, cold weather, and rugged terrain. Here are some essential items you should bring:





# What TreXperience provides?



**Rain Poncho**

Protects you from unexpected rain.



**Duffle Bag**

Carried by our team, up to 8 kg.



**Backpack Cover**

Keeps your backpack dry in the rain.



**TreXperience T-shirt**

A comfortable souvenir of your trek.



**Foam Sleeping Pad**

Extra comfort for your rest at camp.

During the trek, we take care of your comfort: You'll have a duffle bag carried by our team. We also include a rain poncho, backpack rain cover, company t-shirt, and a foam mat for your rest.

## Gear you can rent from us

If you prefer, you can rent additional gear with us to make your experience more comfortable: trekking poles for better support, a sleeping bag for your camping nights, and an inflatable mat for a restorative rest.



**Trekking Poles (1 pair)**

Extra support and balance on the trail.



**Sleeping Bag**

Warmth and comfort on cold mountain nights.



**Inflatable Sleeping Pad**

Extra cushioning for a restorative sleep.

## About our camping equipment

On every trek, we never compromise on quality or safety: spacious and durable sleeping tents, a dining tent, and a restroom tent from certified brands. We also carry oxygen and satellite phones for your peace of mind at all times.



**Private Sleeping Tents**

Warmth and comfort on cold mountain nights.



**Private Toilet Tents**

Clean and practical during the route.



**Dining Tent**

Comfortable space to share meals.



**Oxygen Tank**

Extra safety in high-altitude areas.



**Satellite Phones**

Reliable communication in remote areas.



## Our service

Our service combines comfort, organization, and unique details that make the difference. We include carefully selected private transportation and the best quality hiking equipment.



## Transportation

The journey from Cusco to Capuliyoc (Hiking starting point), from Capuliyoc to Ollantaytambo and the Return from Ollantaytambo to Cusco, are in our comfortable private vans. The return from Aguas Calientes to Ollantaytambo is aboard PeruRail's exclusive Vistadome train.

## The Best Equipment and Accommodation

Our high-quality camping gear includes spacious two-person tents, a cozy dining tent for shared meals, and clean portable toilet tents—ensuring comfort, hygiene, and relaxation. On your fourth night, you'll stay in Aguas Calientes at a 3-star hotel with comfortable rooms, a private bathroom, and everything you need to recharge before visiting Machu Picchu.



## Meals in the route

The trekking experience is not only about the landscapes, but also about the flavors. Every meal on the route brings you closer to Peruvian tradition and helps you recharge your energy.

During the hike, you'll enjoy Peruvian cuisine, a



blend of tradition and diverse influences. Some of the dishes and drinks you might try include:

- Quinoa in soups and salads
- Peruvian ceviche
- Lomo Saltado
- Ají de Gallina
- Alpaca and guinea pig prepared in different ways
- Chicken broth
- Chicha Morada
- Coca tea

Meals on the trek combine Peruvian and international dishes, designed to keep your energy up and adapt to different tastes and diets.

## Pachamanca

We'll prepare a traditional Pachamanca (Andean-style barbecue) together.





Pachamanca (Andean Barbecue)



Pachamanca (Andean Barbecue)



## Our team

At TreXperience, our porters, chefs, and guides are the heart of every journey. All of them come from Andean communities or are local experts who carry the passion for their culture in their veins.



## Our Tour Guides

Our guides are professionals from Cusco deeply passionate about their cultural heritage. With academic training and genuine warmth, they are not only experts in history and nature but also storytellers of Andean culture, traditions, and daily life. Thanks to their knowledge, dedication, and kindness, every step of your journey will become a unique, meaningful, and enriching experience.





## Our Porters

They are the silent strength behind every journey. Coming from Andean communities, they carry the necessary equipment with dedication and a smile. Beyond their physical effort, it's their spirit of solidarity that inspires—always ready to help, motivate, and keep the trek's energy alive. Thanks to them, every step feels lighter and the experience more human.



## Our chefs

Our chefs turn every meal into a special moment. With creativity and passion, they prepare delicious dishes in the heart of the mountains, blending Peruvian tradition with the unique touch of Andean cuisine. Their flavors comfort, surprise, and become an essential part of the memories you'll take from the journey.



## Our drivers

They are the ones who welcome you at the start of the adventure and accompany you on every transfer with safety and punctuality. With experience on Andean roads and total commitment, our drivers ensure your trip begins and ends with peace of mind and confidence.



# Our Awards

Our agency has been honored with prestigious international awards that highlight the quality of our service, our commitment to sustainability, and our dedication to providing authentic experiences.



**El Inka Dorado Award  
2023**



**Lux Life Travel & Tourism  
2022**



**Premio Miradas  
2022**



**Empresa Peruana  
del año  
2022**



**Luxury Travel Guide  
Global Awards  
2023**



**Internacional  
Travel Awards  
2022**



**Travel & Hospitality  
Awards  
2022**



**Best of the Best  
Tripadvisor  
2022**



# TreXperience

INSPIRING TRAVELS



*“Your journey is more than a trek  
it’s a cultural connection that  
stays with you forever”*

## Information

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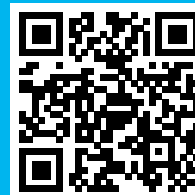
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