

CHOQUEQUIRAO TREK

5 days / 4 nights



TreXperience
INSPIRING TRAVELS

HIKING
TOUR



Travellers
Choice





Five days toward the Incas' hidden jewel



The Choquequirao Trek is one of Peru's best-kept secrets. It's a beautiful trek that leads you through stunning scenery and untouched Inca ruins. Choquequirao has been nicknamed the 'Twin Sister of Machu Picchu,' and it's easy to see why. This is the perfect trip for those who prefer to explore untouched terrain and are looking for an adventure off the beaten track.

Why Choquequirao Trek?

- Get off the beaten path to explore Choquequirao.
- Learn the history of the last days of the Inca Empire.
- Enjoy a Pachamanca underground barbecue.
- Marvel with the fantastic views of the Apurimac Canyon.





Choquequirao Trek

5 days / 4 nights



Legend

Transportation

- Driving Route
- Hiking Route
- Van Transportation
- Hiking

Accommodation



Meals



Experiences

- Hot Springs
- Archeological Site

1 Day 1

Cusco – Chikiska

- Cusco - Capuliyoc (4:00 hrs. aprox)
- Capuliyoc - Chikiska
10 km / 6.2 miles - 4 hours

2 Day 2

Chikiska – Marampata

- Santa Rosa - Choquequirao
15 km / 9.3 miles - 6 hours

3 Day 3

Explore Choquequirao

- Marampata - Choquequirao (Round trip)
7 km / 4.3 miles - 4 hours

4 Day 4

Marampata – Cocamasana

- Choquequirao - Chikiska
17 km / 10.5 miles - 7 hours

5 Day 5

Cocamasana – Cusco

- Chikiska - Capuliyoc
6 km / 4 miles - 3 hours
- Capuliyoc - Saywite
- Saywite - Return to Cusco





Tour Details

Starts / Ends	Cusco / Cusco
Duration	4 days / 3 nights
Distance	55 km / 34 mi
Difficulty	Challenging
Accommodation	Camping
Group size	Up to 16
Activities	Trekking and history
Languages	English, spanish



Full Itinerary

→ **Day 01**

Cusco – Capuliyoc – Chikiska

→ **Day 02**

Chikiska – La Playa Rosalina – Marampata

→ **Day 03**

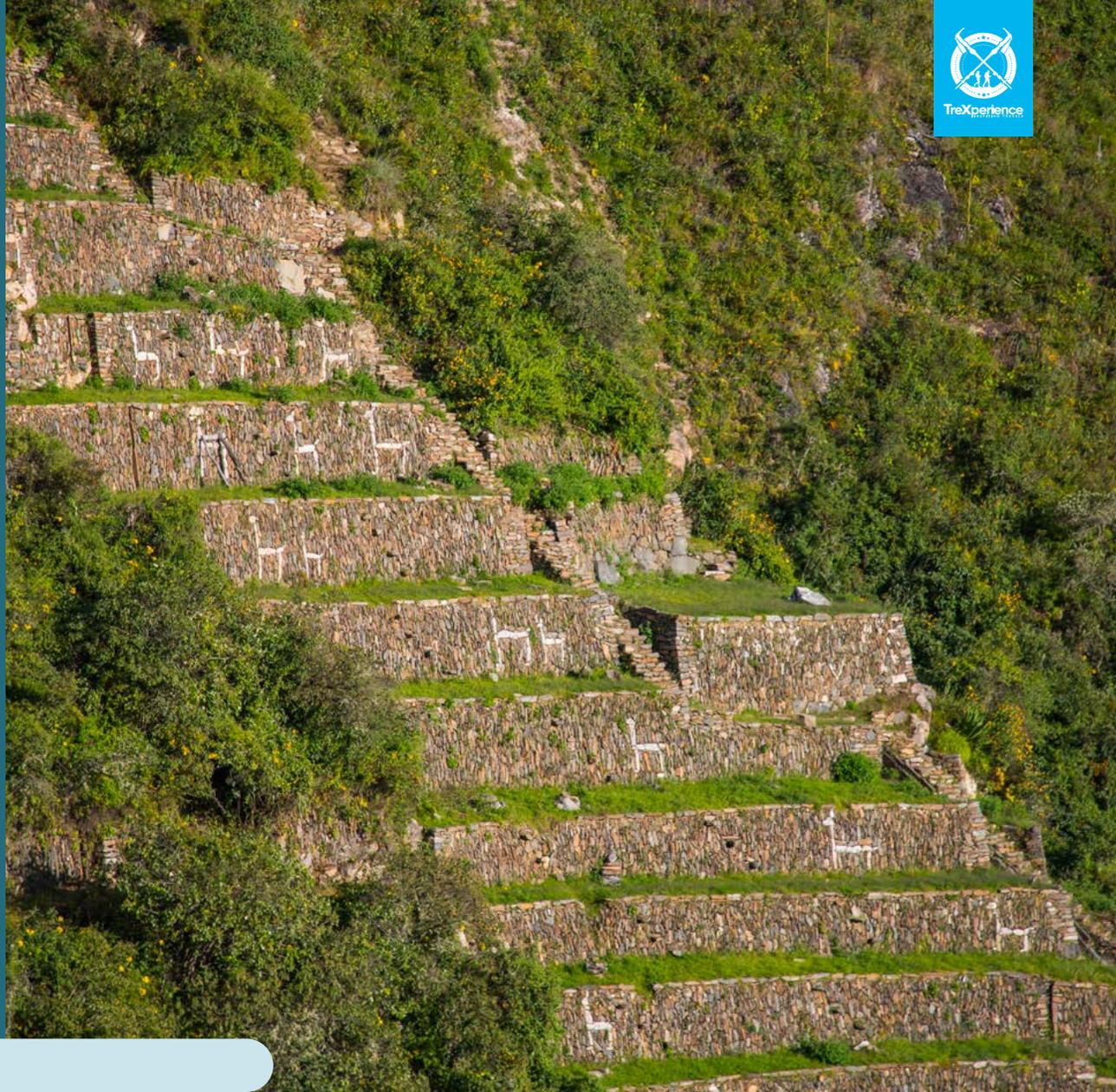
Explore Choquequirao

→ **Day 04**

Marampata – Playa – Coca Masana

→ **Day 05**

Chikiska – Capuliyoc – Cusco



Day 01

Cusco – Cachora – Capuliyoc – Chikiska

We will pick you up from your hotel in Cusco city at 4:30 am and drive for about 4 hours to Capuliyoc, where you will enjoy a delicious breakfast prepared by our trekking chef. The TreXperience to Choquequirao begins with a 4 hours hike from Capuliyoc (2950 m / 9678 ft)





to Chikiska at 1950 m (6398 ft). During the route, there are breathtaking views of the Apurimac canyon, one of the deepest in Peru, and the many landscapes, from the Peruvian highlands to the lush foliage of the cloud forest.

Distance

10 km / 6.2 miles

Duration

4 hours

Max. hightness

2,890 m / 9,482 ft

Meals

**Breakfast,
snacks, lunch,
dinner**

Difficulty

Moderate

Day 02

Chikiska – Playa Rosalina – Marampata

You will wake up around 5:00 am in your tent with a steaming cup of coffee or coca tea and start packing for the most challenging part of the Choquequirao trek. After breakfast at the campsite, we will begin a moderate hike down to Playa Rosalina (1500 m - 4921 ft), passing through some stunning scenery. We will reach Playa Rosalina after about 1.5 hours of hiking, and you will cross the Apurimac river by a suspension





bridge and hike for 2 hours uphill to Santa Rosa, where we will stop for lunch with breathtaking mountains and river views.

After lunch, you will keep another 2.5 hours ascent to Marampata village (2940 m / 9646 ft), where we will camp for the night with spectacular views. This is the most beautiful campsite on the trek; you will have amazing views and clear night skies perfect for stargazing.

Distance

15 km / 9.3 miles

Duration

6 hours

Max. hightness

2,890 m / 9,482 ft

Meals

**Breakfast,
snacks, lunch,
dinner**

Difficulty

**Moderate to
challenging**

Day 03

Marampata - Explore Choquequirao - Marampata

We will wake you up bright and early with a nice cup of hot coca tea or coffee to witness the mountains' fantastic sunrise. After breakfast, you will hike up and down for about 2 hours and have the entire day to explore the magnificent Choquequirao. Your guide will take you on a





comprehensive tour of the most beautiful spots and teach you about the history of Choquequirao and the Incas. Choquequirao (cradle of gold) is nicknamed the twin sister of Machu Picchu but is almost twice the size. For this reason, this mostly unknown location is expected to become soon one of the most popular tourist destinations in South America. After taking all the time you need to discover Choquequirao, we will return to the same campsite for dinner and spend the night.

Distance

15 km / 9.3 miles

Duration

6 hours

Max. hightness

3,050 m / 10,007 ft

Meals

**Breakfast,
snacks, lunch,
dinner**

Difficulty

Challenging



Choquequirao Archeological Site



Choquequirao Archeological Site



Choquequirao Archeological Site



Choquequirao Archeological Site

Day 04

Marampata – La Playa – Coca Masana

We will wake up for the second morning in this magical place and enjoy the fantastic sunrise. After a delicious breakfast, we will start a 4 hours descent into Playa Rosalina (1500 m - 4921 ft). The trail is mostly downhill, with breathtaking views of the mountains. The second part of





the day begins with a 2-hour hike up to Coca Masana campsite (2,330 m - 7545 ft). This a perfect day to enjoy the surrounding landscape and nature. We will pass a wide range of flowers and birds along the way, and waterfalls can be heard in the distance.

Distance

17 km / 10.5 miles

Duration

7 hours

Max. hightness

3,050 m / 10,007ft

Meals

**Breakfast, snack,
lunch, dinner**

Difficulty

Challenging

Day 05

Coca Masana – Capuliyoc – Cusco

On our final day, we will wake up for a last time with a coca tea in our tent, have breakfast, and prepare for our last 3-hour trek uphill to Capuliyoc. We will have lunch and say goodbye to our team of chefs and porters accompanied on this expedition. We will then take our private





transportation to the archaeological site of Saywite, a beautifully carved rock that remains a mystery to archaeologists. You will have plenty of time to explore before returning to Cusco and dropping you off at your hotel around 5 pm.

Distance

6 km / 4 miles

Duration

3 hours

Max. heightness

3,500 m / 11,483 ft

Meals

**Breakfast, snack,
lunch, dinner**

Difficulty

Challenging



Saywite Rock

Included

- Safety briefing the day before the tour
- Pick-up and drop-off from your hotel
- All transportation during 5 days
- Professional Tour Guide
- Second tour guide for groups of 9+
- Trekking Chef to prepare fresh meals
- Porters, horsemen
- Horses to carry food and equipment
- Duffle bag where you can put up to 8 kilos
- Drinkable water and snacks
- All meals during the tour.
- Special dietary options
- Comfortable camping equipment
- 4-person Eureka tents
- Sleeping foam mattress
- First aid kit, Oxygen bottle, satellite phones
- Tickets to the Choquequirao site



Not included

- Sleeping Bag, air mattress, trekking poles (Can be hired from us)
- Dinner on day 5 (When back in Cusco)
- Gratuities (Optional)
- Travel Insurance (Strongly recommended)



Essential Gear

When preparing for the Choquequirao Trek, it's important to pack properly for the altitude, cold weather, and rugged terrain. Here are some essential items you should bring:



**Backpack
(25- 40L)**

Durable backpack for essentials and hydration.



Upper warm clothes

Warm layers: thermals, fleece, hat, gloves, scarf.



Gloves

Warm gloves against wind, moisture, and cold.



Waterproof jacket

Protection against rain and snow.



Insulated or fleece jacket

Insulated jacket for colder mountain nights.



**Trekking pants
(2 pairs)**

Lightweight convertible pants for all weather.



Sandals or lightweight shoes

Comfortable, lightweight shoes to rest at camp.



**Trekking socks
(4-5 pairs)**

Thermal socks, wool or synthetic.



Hiking boots

Hiking boots that fit, with strong, grippy soles.



Wool hat or Beanie

Warm hat to protect head and ears from cold wind.



What Trexperience provides?

During the trek, we take care of your comfort: You'll have a duffle bag carried by our team. We also include a rain poncho, backpack rain cover, company t-shirt, and a foam mat for your rest.



Rain Poncho

Protects you from unexpected rain.



Duffle Bag

Carried by our team, up to 8 kg.



Backpack Cover

Keeps your backpack dry in the rain.



Trexperience T-shirt

A comfortable souvenir of your trek.



Foam Sleeping Pad

Extra comfort for your rest at camp.

Gear you can rent from us

If you prefer, you can rent additional gear with us to make your experience more comfortable: trekking poles for better support, a sleeping bag for your camping nights, and an inflatable mat for a restorative rest.



Trekking Poles (1 pair)

Extra support and balance on the trail.



Sleeping Bag

Warmth and comfort on cold mountain nights.



Inflatable Sleeping Pad

Extra cushioning for a restorative sleep.

About our camping equipment

On every trek, we never compromise on quality or safety: spacious and durable sleeping tents, a dining tent, and a restroom tent from certified brands. We also carry oxygen and satellite phones for your peace of mind at all times.



Private Sleeping Tents

Warmth and comfort on cold mountain nights.



Private Toilet Tents

Clean and practical during the route.



Dining Tent

Comfortable space to share meals.



Oxygen Tank

Extra safety in high-altitude areas.



Satellite Phones

Reliable communication in remote areas.



Our service

Our service combines comfort, organization, and unique details that make the difference. We include carefully selected private transportation and the best quality hiking equipment.



Transportation

The journey between Cusco and Capuliyoc (Hiking starting point), whether outbound or return, is in our comfortable private vans.

The Best Equipment

Our high-quality camping gear includes spacious two-person tents, a cozy dining tent for shared meals, and clean portable toilet tents—ensuring comfort, hygiene, and relaxation throughout your Inca Trail adventure to Machu Picchu.



Meals in the route

The trekking experience is not only about the landscapes, but also about the flavors. Every meal on the route brings you closer to Peruvian tradition and helps you recharge your energy.

During the hike, you'll enjoy Peruvian cuisine, a



blend of tradition and diverse influences. Some of the dishes and drinks you might try include:

- Quinoa in soups and salads
- Peruvian ceviche
- Lomo Saltado
- Ají de Gallina
- Alpaca and guinea pig prepared in different ways
- Chicken broth
- Chicha Morada
- Coca tea

Meals on the trek combine Peruvian and international dishes, designed to keep your energy up and adapt to different tastes and diets.

Pachamanca

In Lucmabamba, we'll prepare a traditional Pachamanca (Andean-style barbecue) together.





Pachamanca (Andean Barbecue)



Pachamanca (Andean Barbecue)



Our team

At TreXperience, our porters, chefs, and guides are the heart of every journey. All of them come from Andean communities or are local experts who carry the passion for their culture in their veins.



Our Tour Guides

Our guides are professionals from Cusco deeply passionate about their cultural heritage. With academic training and genuine warmth, they are not only experts in history and nature but also storytellers of Andean culture, traditions, and daily life. Thanks to their knowledge, dedication, and kindness, every step of your journey will become a unique, meaningful, and enriching experience.





Our Porters

They are the silent strength behind every journey. Coming from Andean communities, they carry the necessary equipment with dedication and a smile. Beyond their physical effort, it's their spirit of solidarity that inspires—always ready to help, motivate, and keep the trek's energy alive. Thanks to them, every step feels lighter and the experience more human.



Our chefs

Our chefs turn every meal into a special moment. With creativity and passion, they prepare delicious dishes in the heart of the mountains, blending Peruvian tradition with the unique touch of Andean cuisine. Their flavors comfort, surprise, and become an essential part of the memories you'll take from the journey.



Our drivers

They are the ones who welcome you at the start of the adventure and accompany you on every transfer with safety and punctuality. With experience on Andean roads and total commitment, our drivers ensure your trip begins and ends with peace of mind and confidence.



Our Awards

Our agency has been honored with prestigious international awards that highlight the quality of our service, our commitment to sustainability, and our dedication to providing authentic experiences.



**El Inka Dorado Award
2023**



**Lux Life Travel & Tourism
2022**



**Premio Miradas
2022**



**Empresa Peruana
del año
2022**



**Luxury Travel Guide
Global Awards
2023**



**Internacional
Travel Awards
2022**



**Travel & Hospitality
Awards
2022**



**Best of the Best
Tripadvisor
2022**



TreXperience

INSPIRING TRAVELS



*“Your journey is more than a trek
it’s a cultural connection that
stays with you forever”*

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